Using AI Technology to Improve Safety Performance and Reduce Risk for Construction MEP

Contractors

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Agenda

- Safety Training Tool Evolution
- HS&E Software Solutions and Learning Management Systems (LMS)
- Evolution of AI in Construction Safety
- Al in Safety Training for Construction
- AI-Driven PPE for Enhanced Safety
- Synthesia Overview
- Pros and Cons of Using Avatars for Safety Training



- 1. Pre-20th Century: Chalkboards and Slates
 - *Technology*: Chalkboards (or blackboards) and slates used by teachers for lessons.
 - *Training Method*: Teachers wrote lessons and illustrations for the entire class to see, with students taking notes.
- 2. Early 20th Century: Overhead Projectors and Transparencies
 - *Technology*: Overhead projectors used with transparent film.
 - *Training Method*: Teachers wrote or projected content onto transparencies, and slides were changed manually.







- 3. 1980s: Film Projectors & Overhead Transparencies
 - *Technology*: Film projectors used to display visual materials.
 - Training Method: Trainers used transparencies and wrote on them with markers for interactive presentations.
- 4. 1990s: Printed Transparencies & Color Overlays
 - *Technology*: Printed transparencies with static slides and color plastic overlays.
 - Training Method: Trainers displayed printed slides on an overhead projector and used markers for highlighting key points.





5. Late 1990s: Microsoft PowerPoint

- *Technology*: Microsoft PowerPoint introduced dynamic slides.
- *Training Method*: PowerPoint slides offered a digital format for creating and customizing presentations.
- *Visual*: Screenshot of a PowerPoint slide presentation.
- 6. 2000s: Interactive eLearning & Multimedia
 - *Technology*: CD-ROMs, early web-based platforms, and multimedia (audio, video, animations).
 - *Training Method*: Interactive lessons with quizzes, multimedia elements, and self-paced learning.
 - Visual: Image of an early eLearning platform or CD-ROM interface.



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- 7. 2010s: Video-Based Learning & Webinars
 - *Technology*: Online video courses, live webinars, and streaming platforms.
 - Training Method: Self-paced learning through video tutorials, live instructorled training.
 - Visual: Screenshot of an online learning platform with a video lecture.





- 8. 2020s: AI-Powered Training with Avatars (Synthesia & Virtual Learning)
 - Technology: AI-driven avatars, virtual instructors, and personalized learning experiences.
 - Training Method: Custom avatars deliver
 training content through dynamic, interactive
 videos.
 - Visual: Image of a Synthesia-generated avatar delivering a training video.











9. Future: Virtual Reality (VR) & Augmented Reality (AR)

- Technology: VR and AR technologies offer immersive, interactive learning experiences.
- Training Method: Realistic
 simulations and hands-on learning
 in virtual environments.
- Visual: Image of a person wearing VR goggles and interacting with a virtual environment.



Learning Management Systems (LMS)

- •1990s: Early Development: Simple platforms that allowed instructors to post course materials (e.g., Blackboard, WebCT).
 •2000s: Growth & Features Expansion: Introduction of more sophisticated features, like multimedia support, quizzes, and online assessments.
- **SCORM Compliance**: Integration of SCORM (Sharable Content Object Reference Model) for tracking and managing e-learning content.
- •2010s: Cloud-Based & Mobile Learning: LMS moved to the cloud, enabling better accessibility and scalability.
- •Mobile Learning: Platforms began supporting mobile devices, facilitating learning on-the-go.





Learning Management Systems (LMS)



•Integration with Other Tools: Integration with video conferencing, collaboration tools (e.g., Zoom, Teams), and social learning features.

<u>2020s: Al & Personalized Learning:</u> Al is now integrated for personalized learning experiences, smart recommendations, and adaptive learning paths.
<u>Data Analytics</u>: Advanced reporting and data analytics help track learner performance and predict outcomes.
<u>Gamification & VR/AR</u>: Gamified experiences and immersive virtual/augmented reality tools have started being incorporated.

Learning Management Systems (LMS) PROs/CONs



Pros of LMS

•Centralized Learning: Easy access to all learning materials and resources in one place.

•Scalability: Easily scalable to accommodate a growing number of users.

•Flexibility: Learners can access content anytime and from anywhere.

•**Tracking & Analytics**: Built-in tracking for progress, assessments, and learner performance.

•Cost-effective: Reduces costs associated with physical learning environments and materials.

•**Personalization**: Tailored learning paths and resources through AI and data analytics.



Learning Management Systems (LMS) PROs/CONs



CONs of LMS

•<u>Technical Challenges</u>: Issues with platform usability, integration with existing systems, and technical problems can hinder user experience.

•Learning Curve: For both instructors and learners, mastering the LMS can take time.

•<u>Engagement</u>: Keeping learners engaged through an LMS can be challenging without interactive or engaging content.

•Dependence on Technology: Internet connectivity or system downtime can disrupt access to learning materials.

•<u>Data Sharing</u>: Restrictions in using systems (Field Applications: Tablets, Cellphones, etc.)

•<u>Limited Social Interaction</u>: Can lack the face-to-face collaboration of traditional classroom learning.

SAFETY & HEALTH CONFERENCE

2024 Al=Dial Up INTERNET

Do You Remember Dial Up-Internet Services? AI current evolution is equal=dial up internet solutions. We are just beginning.











Evolution of Al in Construction Safety

Evolution of AI in Construction Safety

1.Early Days (1950s-1980s): Rule-based systems and automation.

2.Growth (1990s-2000s): Rise of machine learning algorithms to process safety data.

3.2010s-Present: Implementation of real-time monitoring, wearables, and predictive analytics.

4.The Future: Autonomous safety machinery, AI-enhanced risk management, and immersive training tools.



Al in Safety Training for Construction

AI in Safety Training for Construction Workers

- Key Areas of AI Integration:
 - 1. Predictive Analytics: Analyze historical data to predict and prevent accidents.
 - **2. Virtual Reality (VR) & Augmented Reality (AR)**: Immersive, interactive training environments.
 - 3. Wearables & Sensors: AI-powered devices that monitor health and safety in real-time.

Real-Time AI Monitoring: AI detects unsafe behaviors and sends immediate alerts to prevent accidents.



Al-Driven PPE

- **1. Early Stages**: Basic PPE for physical protection (Pre-2000s).
- 2. 2000s: Basic sensors integrated into helmets and vests.
- **3. 2010s**: AI-powered wearables that monitor fatigue, location, and physical health.
- 4. 2020s: Predictive Al technologies in PPE that alert workers and supervisors to potential hazards before they occur.









Synthesia DEMO

https://www.synthesia.io/

Click Here: https://share.synthesia.io/e4bf29c3-9106-464a-bcde-573b5afb9b88



Synthesia Software

Overview of Synthesia: https://app.synthesia.io/#/welcome

- Al-driven video creation platform that generates lifelike avatars for training.
- Customizable content with the ability to add scripts and change avatars.
- Supports multilingual training for diverse construction teams.





Synthesia Software

Benefits:

- Engaging and Interactive: Realistic training modules with AI avatars.
- Scalable & Cost-Effective: Training can be delivered to large teams at a lower cost.
- Quick Updates: Easy to modify content as safety regulations change.
- **Multilingual Capabilities**: Offers training in various languages to accommodate diverse workforces.
- Do you Remember Dial Up-Internet Services?





Synthesia Software

Challenges:

- Learning curve for those unfamiliar with the platform.
- Lack of personal touch compared to human-led training.
- Over-reliance on AI could diminish hands-on, practical training.
- Script/Scene Creation and Customization Time.
 1Hour/Minute?



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Avatars: PROs



Pros:

- <u>Enhanced Engagement & Realism</u>: Immersive and interactive training.
- <u>Scalable & Consistent</u>: Uniform training across large teams.
- <u>Simulated Dangerous Scenarios</u>: Safe practice in high-risk situations.
- Personalized Training Paths: Tailored learning for individual workers.
- Instant Feedback & Performance Tracking: Real-time assessments of progress.



Avatars: CONs

Cons:

- Lack of Human Interaction: May lack emotional intelligence and connection.
- <u>Technology Barriers</u>: Some workers may struggle with the technology.
- <u>High Setup Costs</u>: Significant initial investment in avatars and equipment.
- Limited Real-World Context: Simulations may not capture all complexities.
- <u>Over-Reliance on Technology</u>: Potentially neglecting hands-on, practical training.





Summary & Closing Thoughts

- Al technologies, from avatars to wearables provide innovative solutions for enhancing construction site safety, reducing risks, and improving training outcomes. Al is not a replacement for human oversight, but when used alongside traditional safety methods, it can significantly improve safety performance and reduce operational costs.
- The future of construction safety lies in **AI-driven technologies** that empower workers and safety professionals with real-time data, predictive insights, and immersive training environments. AI will be a key partner in creating safer, more efficient construction environments.

